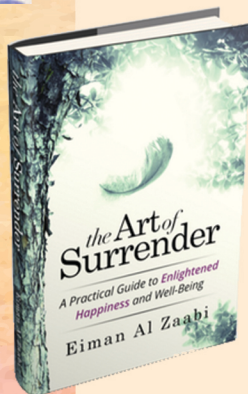


Teaching You the Beauty of Aligned Living



EIMAN AL ZAABI is a life coach, facilitator, energy healer, and spiritual teacher who helps clients transform their relationships and careers, heal from past trauma, and live authentically. She is the author of *The Art of Surrender: A Practical Guide to Enlightened Happiness and Well-Being*.



Surrender to the Divine, and you will fulfill the unique purpose of your creation, achieve profound well-being, and live a life of happiness, flow, and balance.

"Surrender is not something you try out in times of need or crisis. It is not something you learn about in a workshop and then set aside when you become overwhelmed by everyday responsibilities. Surrender is a way of life. In fact, it is our only real option."

Story Ideas

- **Your life is your sacred ashram.** You can't fix your life by escaping it; the reality you live and breathe right now *is* your spiritual path.
- **Your mind is your ally, not your enemy.** Learn to use spiritual inquiry to find and know God.
- **The ego can be a positive force** for personal evolution... but only if you learn how to tame it.
- Understand and nurture the **three primary needs of the soul** to achieve profound, complete well-being.
- Try these **ten daily practices** to cultivate the art of surrender.
- **Forget everything you think you know about Islam** and explore its intimate, spiritual side.

AVAILABILITY:

Abu Dhabi, UAE; worldwide by arrangement; and by telephone or Skype.

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